For Those Wanting to Help with Humanitarian Assistance to Ukraine

The Ukrainian Cultural and Humanitarian Institute (UCHI) in conjunction with the Ukrainian Technological Society of Pittsburgh and New Ukrainian Wave, Pittsburgh Branch compiled this list of organizations which are providing aid to Ukraine during this time of foreign invasion. Each of the organizations listed below is collecting funds to assist Ukrainians with the first four having networks to provide this help and the last two acting as conduits. Each has been fully vetted and is a secure and trusted organization with which our western Pennsylvania Ukrainian-American churches and organizations have long-standing relationships. Each has the status of an accredited non-profit organization registered with the IRS. We have also included a section on non-financial assistance.

FINANCIAL ASSISTANCE

United Ukrainian American Relief Committee, Inc.

With millions of potential victims in Ukraine, UUARC is fundraising to provide vital medical supplies to victims, care for the injured and refugees, as well as shelter and food to those affected.

United Ukrainian American Relief Committee, Inc (UUARC) was established in 1944 and started fulfilling its mission of "brother-to-brother" by assisting Ukrainians in refugee camps during and after WWII, and then helping to resettle more than 70,000 of these refugees in the United States. Since its beginning, UUARC has endeavored to provide aid where the need is the greatest, as well as assisted countless Ukrainians throughout the world. UUARC is working closely with UCCA, UWC, US Aid, and the Ukrainian Embassy in the coordination of aid.

Donations can be made:

- 1) Directly to United Ukrainian American Relief Committee, Inc. 1206 Cottman Avenue Philadelphia, PA 19111 Phone: 215-728-1630 Email: UUARC@uuarc.org or
- 2) Via GoFundMe link on their website www.uuarc.org.

Ukrainian Orthodox Church of the USA

Contributions will be delivered in person to the proper individuals, for the medical care of the thousands of people who have been injured, some very severely, during these difficult days. Your contribution may be the primary reason that another human being receives the treatment necessary for survival.

Donations can be made by:

- 1. Using the secure online donation link located on its website www.uocofusa.org Click on the "LET'S HELP UKRAINE" icon.
- 2. Sending by special postal delivery to P. O. Box, 495, South Bound Brook, NJ 08880; or

3. Hand delivering to the Consistory office at 135 Davidson Avenue, Somerset, NJ 08873, marked "LET'S HELP UKRAINE."

Ukrainian Catholic Eparchy of Philadelphia

Donations to the Humanitarian Aid Fund for Ukraine can be made as follows:

- 1. Write a check to the "Ukrainian Catholic Archdiocese of Philadelphia" and send it to the office at 810 North Franklin Street, Philadelphia PA 19123. Please write on the check "Humanitarian Aid Fund for Ukraine."
- 2. You can donate on the Philadelphia Archdiocese's website www.ukrarcheparchy.us, and click on **Donate through PAYPAL** and select "WAR VICTIMS AND HUMANITARIAN CRISIS IN UKRAINE;" Encourage local financial and other institutions to make contributions.

Brother's Brother Foundation

Pittsburgh-based Brother's Brother Foundation is partnering with the Pittsburgh Technology Council to raise \$250,000 to aid Ukrainian humanitarian relief efforts in partnership with Highmark and the Allegheny Health Network. Highmark/AHN is providing financial support and critical medical supplies, which Brother's Brother will airlift to those in need.

Credit card donations can be made on the organization's website - <u>www.brothersbrother.org</u> by choosing Ukraine Relief in the dropdown menu. Checks should be made payable to Brother's Brother Foundation and sent to: Brother's Brother Foundation – P.O. Box 645934 – Pittsburgh, PA 15264-5257.

Revived Soldiers Ukraine

Providing medical aid and sustainable living standards to soldiers of Ukraine and members of their families as well as to those people who suffered and were affected by military conflict in ATO zone (anti-terrorist operation in Eastern Ukraine). E-mail: info@rsukraine.org. 100% of donations go to fund soldiers' rehabilitation.

Donations can be made on the website <u>www.rsukraine.org</u>. Click on the "Donate" icon to use either PayPal or credit card or debit card.

Ukrainian Technological Society (UTS)

Contributions will be forwarded to organizations listed above. The Ukrainian Technological Society of Pittsburgh is a 501 (c)(3) non-profit organization. UTS is a nonsectarian, nonpolitical, cross-generational association of Ukrainian professionals and businesspersons interested in cultivating Ukrainian cultural and social awareness and strengthening the Ukrainian Community

through active participation and leadership. UTS has served as a conduit for donations for numerous Ukrainian causes since its founding in 1970 including: Children of Chornobyl Relief Fund; Flood Aid to Carpathian Mountain Regions; and others.

Contributions may be made by sending them to: Ukrainian Technological Society - P.O. Box 4277 - Pittsburgh, PA. 15203. Write "Aid to Ukraine" on your check or enclosed note.

NON-FINANCIAL ASSISTANCE

St. Mary's Ukrainian Orthodox Church in McKees Rocks, PA

Collecting medical supplies and personal items for shipment to Ukrainians in need. Every Sunday from 9:00 AM – 1:00 PM, people may bring the following items to the church at 116 Ella Street in McKees Rocks:

Medicine: Acetaminophen 500 mg tablets

<u>Bandages</u>, <u>sutures</u>, <u>adhesive plasters</u>: Individual sterile dressing package with first aid elastic compression component with protective moisture-resistant shell; sterile gauze bandage 7 m long and 14 cm wide; chemical means for stopping bleeding (hemostatic tamponade bandage with hemostatic agent) – celox or analogue; gel-based occlusive thoracic bandage with or without valve; adhesive plaster on a non-woven basis 3-5 meters long, 2-3 cm wide.

<u>Medical Supplies</u>: Non-sterile nitrile medical examination gloves size L or XL; nasopharyngeal airway and tube with lubricant.

<u>Personal Items</u>: Blue water-proof markers to be used for writing information; scissors for cutting clothes and shoes (atraumatic); polyethylene-based thermal blanket 160 cm wide and 210 cm long; first-aid kit case (medical bag); toothpaste; toothbrushes; wet wipes; soap; men's socks; men's and women's underwear of various sizes; men's t-shirts; metal cups and mugs; dark-colored gloves and mittens for men; cough drops; protein bars.

New Ukrainian Wave, Pittsburgh PA

Collecting medical supplies for shipment to Ukrainians in need. Call (412) 760.0439; (724) 544.5660; or (412) 454.5642.

<u>Medicines</u>: - Paracetamol 500 mg tablets - Meloxicam 7.5 mg tablets - Ciprofloxacin 500 mg or levofloxacin 500 mg tablets

<u>Antibiotics</u>: Zosyn and Unasyn iv, Vancomycin iv - Aspirin - Diphenhydramine/Benadryl - Doxycycline and or Bactrim antibiotics - Fluids, IVF – NSS 09%, LR, d5nss - Gels, foams, hydrocolloids, alginates, hydrogels, and polysaccharide pastes, sutures - Ibuprofen / Advil - Loperamide / Imodium - Miconazole

<u>Medical supplies</u>: - Non-sterile medical nitrile medical examination gloves size L or XL - Means for stopping bleeding mechanical type "CAT" - Nasopharyngeal airway (airway, tube) with

lubricant - Laryngeal tube - Latex or rubber gloves - IV catheters - Mouthpiece for giving CPR - First aid kit case (medical bag) - Antiseptic wipes

<u>Bandages</u>, <u>sutures</u>, <u>adhesive plasters</u>: - Central venous catheter kit - Chest seals - Coban roll, standard 2" x 5 yards - Cravat /triangular bandage, 45"x45"x63 - Dressing materials, include dry or impregnated gauze - Elastic bandages - Elastic wrap / ACE bandage 4"x5yards - Individual sterile dressing package with first aid elastic compression component with protective moisture-resistant shell - Sterile gauze bandage 7 m long and 14 cm wide - Chemical means for stopping bleeding (hemostatic tamponade bandage with hemostatic agent) – Celox or analogue - Gelbased occlusive thoracic bandage with or without valve - Adhesive plaster on a non-woven basis 3-5 meters long, 2-3 cm wide - Hemostatic Bandages - Tourniquet (First Aid) - Butterfly bandages

<u>Miscellaneous</u>: - blue water-proof marker for writing information - Scissors for cutting clothes and shoes (atraumatic) - Polyethylene-based thermal blanket 160 cm wide, 210 cm long - Headlamp

US-Ukraine Foundation

A Call for Ukrainian-Speaking Volunteers!

Help is needed in providing psycho-social support services via tele-health for people in Ukraine during the crisis. This help is being provided through CETA, a mental health organization at Johns Hopkins University. They have been working in Ukraine for many years and are looking for volunteers who speak Ukrainian and are interest in being trained to assist with this work.

Volunteers can live anywhere and do not need to have any background in mental health.

Contact Dr. Michelle Alto at info@cetaglobal.org.

[This list will be revised in days to come with potential additions as the vetting process allows.] v4.3/9/22